**HEALTH REQUIREMENTS**

**STUDENTS ENTERING 1ST GRADE**

* **PHYSICAL EXAM RECORDS**: There are new laws requiring immunizations between the ages of 4-6 years old. Please send me a copy of their most recent immunization record. A copy of your child’s physical exam record is requested this year.
* **IMMUNIZATIONS**: Please provide the school nurse with a copy of your child’s most recent immunization record showing the following immunizations-given at the appropriate ages per current ACIP recommendations:
  + 2 chicken pox (varicella)
  + 4-5 DTaP/DTP containing vaccinations with last dose after age 4
  + 3-5 polio vaccinations (IPV) with the last dose after age 4
  + 2 Measles, 2 Mumps and 1 Rubella vaccinations
  + 3-4 Hepatitis B vaccinations appropriately spaced
    - For additional immunization information, please see <http://www.health.ny.gov/publications/2370.pdf>
* **MEDICATIONS**: If your child requires any medication in school, please have your child’s MD complete a Medication Administration Form. Provide the form with a sealed labeled bottle of the matching medication to the school nurse.

OVER THE COUNTER MEDICATIONS and PRESCRIPTION MEDICATIONS both require a Completed Medication Administration Form indicating the following:

* + Student’s name
  + Name of the medication(s)
  + Reason for medication(s)
  + Dosage of medication
  + Frequency or time(s) of administration
  + MD stamp and signature
  + Parent signature
  + This form needs to be completed annually for each school year
* **SEVERE ALLERGIES & SIGNIFICANT MEDICAL ISSUES**: If your child has an allergy, asthma or significant medical condition, please notify the school nurse and have your child’s physician complete a Medication Administration Form and an Emergency Care Plan, and provide them to the school nurse the first week of school. Forms are located on the CET Nurse website in the form section for the following medical conditions:
  + - Food Allergies Bee Allergies Seizures Latex Allergy Asthma Action Plan
* **K12 EMERGENCY CONTACT INFORMATION:** Parents/guardians need to login to the K12 Alerts section annually, to review and update emergency contact names, telephone numbers, and health information. This information is vital should your child become injured or ill during the school day. Whenever emergency contact information changes (i.e. new cell phone, new job, new emergency contact or MD changes, etc.) you will need to update this in K12 Alerts.
* **BMI WEIGHT STATUS CATEGORY:** The New York State Education Law requires that BMI and weight status group be included in the physical exam. The state surveys different schools annually for general information on weight groups to help them develop programs that make it easier for children to be healthy. No names or individual information is ever shared; only weight group information is used for the survey. Further information is in the forms section of the CET website.
* **DENTAL CERTIFICATE:** A law was recently enacted that expands health screenings to include the dental health of students in New York State. If you would like to submit a copy of your child’s dental records, please have your child’s dentist complete a Dental Health Certificate and return it to the school nurse. This certificate is requested, but not required for school. Copies of the Dental Health Certificate can be located on the forms section of the CET website.
* **IN SCHOOL SCREENING:** 1st Graders are required to be screened in school for hearing and distance acuity vision. You will only be notified of any abnormal results.